### Components and Activities of WDC, Shivaji College

#### The College Counsellor: Dr. Kushal Kaushik

College students are at a crucial stage of their lives and commonly find it difficult to share theirpersonal/psychological problems with their parents, teachers or peer group. At this stage, the role of a counsellor is indispensable for support, building confidence and also advising them towards corrective change in behaviour/thinking.

- The College Counsellor is appointed for students of the college who visits the campus for two hours twice a week. Normally she attends to 3-4 students in a day.
- The counsellor instils trust in the students, builds a rapport, finds out their problems and gives suggestions to them. Most of the students who have consulted with the Shivaji College Counsellor remain in touch on the phone even after their college term is over.
- Such counselling is also an excellent source of support for students experiencing depression, anxiety and other mental health issues.
- In addition to the above, the counsellor conducts other productive activities such as preparing questionnaires for personality test and stress test.

Complaints Committee Against Sexual Harassment of Women at Workplace (Academic Session 2019-20).

| Convener                     | Dr. Sunita Singh, Dept. of Biochemistry  |  |  |
|------------------------------|--|--|--|
| Members (Faculty)            | Dr. Nimita Kant, Dept. of Zoology        |  |  |
|                              | Dr. DeepikaYadav, Dept. of Zoology       |  |  |
|                              | Dr. Pratima Rani Sardar, Dept. of Botany |  |  |
|                              | Dr. Prabudhh Kumar Mishra, Dept. of      |  |  |
|                              | Geography                                |  |  |
|                              | Dr. Jayita Thakur, Dept. of Biochemistry |  |  |
| Members (Non-Teaching Staff) | Ms. Neha Bhatnagar, Junior Assistant     |  |  |
|                              | Ms. Pooja Ujjainwal, Library Attendant   |  |  |
| Legal Expert                 | Ms. Sumitha, S.Advocate Lawyer           |  |  |
| Member from NGO              | Mrs. Shobha Lal, Honorary Secretary      |  |  |
|                              | Gurgaon Gramin Mahila Mandal             |  |  |
| <b>Student Members</b>       | Ms. Chandani Rauniyar, B.A. (H) English  |  |  |
|                              | Ms. Satya Sowmya Chilukuri, B.A. (H)     |  |  |
|                              | English                                  |  |  |

| Ms. Srijan Saxena, B.A. (Hons.) Business |
|--|
| Economics                                |

#### Report on WDC events 2015-2019

The Women's Development Cell (WDC) of the College aims to create a world free of gender discrimination, sensitize students towards gender parity, inculcate within them the awareness of women's empowerment and encourage participation of NGOs working in the area of women's development in the activities of the cell. It makes significant efforts throughout the year to promote awareness of gender equality and women's issues by organizing national /international conferences, seminars, interactive sessions, debates, self-defence workshops and street plays.

Irrespective of their gender, there are selfless men and women who work towards providing opportunities for all. Shivaji College celebrates the lives of those men and women who challenge patriarchy and exploitation to pave the way for an equitable society. Such members of the society are felicitated with the Jijabai Awards and their struggles and journeys are showcased in the coffee table book, the annual publication of the WDC.

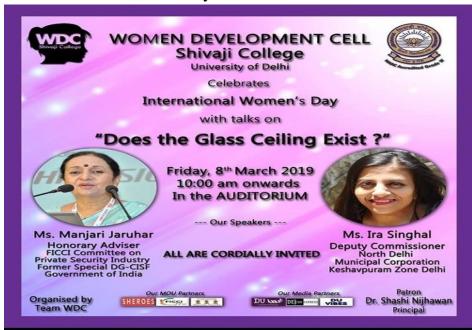
The table below contains a list of initiatives that were taken up by WDC in the past 5 sessions.

| Year    | Title of the programme organised   | Nature of the event         | Date/Duration                     |
|---------|--|-----------------------------|-----------------------------------|
| 2019-20 | Psychological well-being and covid-19: an internal journey                         | International<br>Webinar    | May 7, 2020<br>3pm - 5pm          |
|         | Mind matters - coping with stress  | Webinar                     | May 11,2020 ,<br>11am             |
|         | Women's Leadership for<br>Global Peace and Prosperity                              | International<br>Conference | Jan 9-10, 2020                    |
|         | Gender Sensitization Programme- Performance by SrijnatmakManushiSanstha            | Awareness programme         | Nov 1,2019                        |
|         | ITC VivelWorkshop on Legal<br>Rights for Women titled-<br>AbSamjautaNahi           | Workshop                    | Sep20, 2019,<br>10:30am           |
|         | Orientation- performance by<br>Asmita theatre group and talk<br>by Mr.AnuragBindal | Orientation programme       | Aug 9,2019<br>11.00 am            |
|         | AATAMBAL   | Self-defence<br>workshop    | Sept. 2-6, 2019<br>8:30-9:30 A.M. |
| 2018-19 | International Women's day  | Interactive event           | March 8, 2019                     |
|         | Gender parity: Issues and challenges   | International<br>Seminar    | January 15-16<br>2019             |
|         | Sexual harassment Workshop   | Workshop                    | September 26,<br>2018             |
|         | Aatmbal  | Self- Defence<br>Workshop   | August 21, 2018                   |
|         | Gender Sensitization<br>programme- performance by<br>SrijnatmakManushiSanstha      | Awareness<br>program        | August 31, 2016                   |
|         | Orientation  | Interactive event           | August 1, 2018                    |
| 2017-18 | Gender Fair  | Annual Event                | January 30-31, 2018               |
|         | Khwabeeda  | Cultural meet               | October 8, 2017                   |
|         | Gender and Media: From Margins to Mainstream                                       | Workshop                    | September 19 <sup>-</sup><br>2017 |
| 2016-17 | International Women's Day  | Interactive event           | March 8, 2017                     |

|         | Gender Fair                                      | Annual Event        | February 2-3      |
|---------|--|---------------------|-------------------|
|         | Mera Wajood                                      | Workshop            | October 7, 2016   |
|         | Ab aur nahi                                      | Informative session | August 26, 2016   |
|         | Orientation                                      | Interactive event   | August 5, 2016    |
| 2015-16 | Women, crime and law:<br>protection or assertion | Annual event        | March 31, 2016    |
|         | Personality development class                    | Workshop            | January 20, 2016  |
|         | Career awareness program                         | Workshop            | January 20, 2016  |
|         | Self defence class                               | Workshop            | September 2, 2015 |

# **SESSION 2018-2019**

### International Women's Day







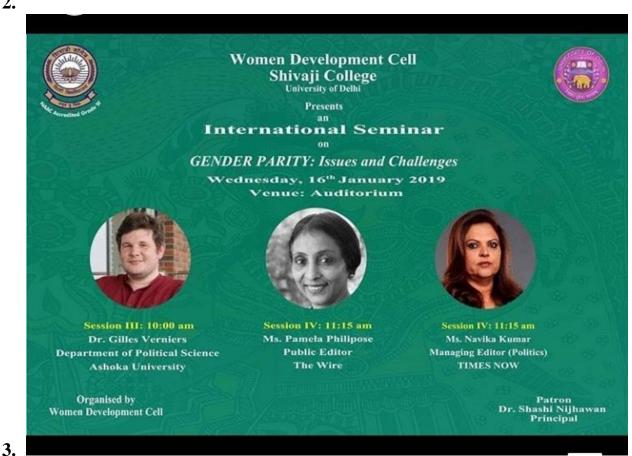




### 1. International Seminar, 2018



2.







# 3) Anti-Sexual Harassment Workshop





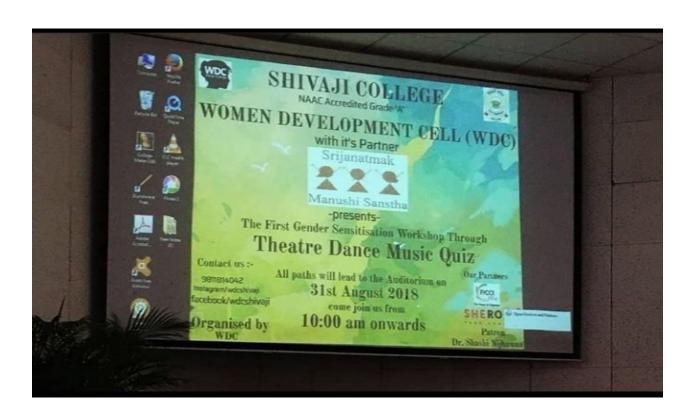


# 4.) Aatmbal – **Self Defence Workshop**



## 5) Gender Sensitization programme- performance by Srijnatmak Manushi Sanstha

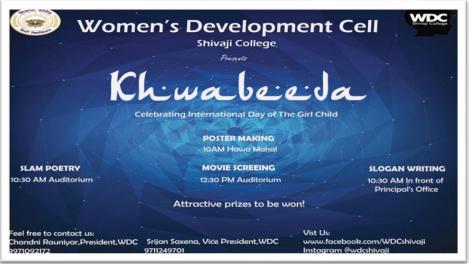




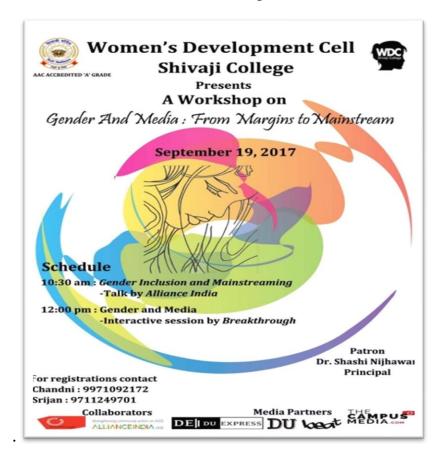
#### **SESSION 2017-2018**

#### 1. Gender Fair Khwabeeda





### 3. Gender and Media: From Margins to Mainstream



### **SESSION 2016-2017**

1. International women'day



### 2. Gender Fair



Glimpses of Gender Fair held on February 2-3, 2017. Video courtesy Media Design https://youtu.be/rdVRz072IGw



YOUTU.BE

Shivaji College Gender Fair 2017 Glimpse

Women's Development Cell of Shivaji College, in its efforts to gener...





### 3. Mera Wajood



# Women's Development Cell Shivaji College



Mera Wajood
October 7, 2016



#### Schedule

10:00 am : Exploring the Self through the Lens of Gender

-Talk by Nazariya

11:30 am : Jor Se Bol

-Movie Screening by MenEngage Delhi

12:00 pm : Engaging Today's Youth for Gender Equality

Interactive Session by MenEngage Delhi & One Billion Rising

Ms. Anshu Chopra

Patron Dr. Shashi Nijhawan



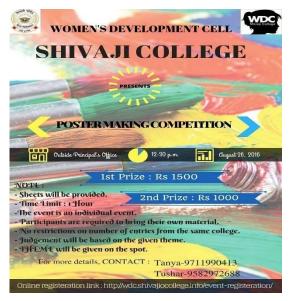
WOMEN Development Cell - Shivaji College 8 October 2016 at 22:06 · ℯ

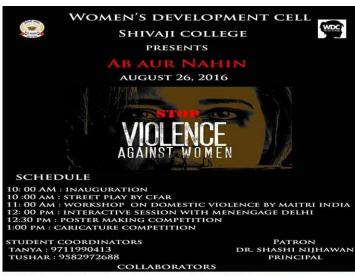






#### 4. Ab Aur Nahi







#### 5. Orientation



### **SESSION 2015-2016**

### 1) Annual event

